

---

## Daily Bulletin: Friday, October 9th, 2026

1 message

---



### **ATTENDANCE PROCEDURES:**

Parents/guardians must notify the Attendance Office within 72 hours to clear a student's absence. Report all absences, early releases, and appointments using the **[Google Form](#)**.

Please note that the form must be submitted using the parent/guardian email address registered in Aeries (parents will get a confirmation email).

Students may not submit the form unless they are 18 years old.  
You may contact our attendance clerk by email for any questions:

Lisa Kastelan: [kastelan@pvpusd.net](mailto:kastelan@pvpusd.net)

The A/B Calendar can be found on the PVHS website in case of any discrepancies.

Please click on the link here: [A/B Cal & Bells](#)

## **Daily Bulletin:**

### **Friday, October 9th, 2026**

7:30 - 8:25 Zero Period

8:30 - 10:25 Period 4

10:25 - 10:35 Nutrition

10:40 - 12:45 Period 5

12:45 - 1:15 Lunch

1:20 - 3:15 Period 6



 *The Principals'*   
**ADVISORY COMMITTEE**  
**APPLICATIONS ARE NOW OPEN!**

This is a great opportunity for students to have a voice  
in shaping school decisions and initiatives.



 APPLICATIONS DUE BY  
**FRIDAY,  
OCTOBER 9<sup>TH</sup>**

 SELECTED MEMBERS WILL  
BE NOTIFIED BY  
**FRIDAY,  
OCTOBER 16<sup>TH</sup>**

*Don't miss your chance to contribute  
and make an impact!*

**[Application Link Here!](#)**



Participate in the library's annual mini-pumpkin decorating challenge! Enter under one of **5 categories**. All entries are due Monday morning, **October 26**. Sign up today! We can't wait to see what you come up with! (No carving, no punctures, no full-sized pumpkins). Come to the library for details.

Sign up here: [bit.ly/PVminipumpkinsignup](https://bit.ly/PVminipumpkinsignup)

SIGN-UP  
ONLINE  
OR IN THE  
LIBRARY



WIN  
BRAGGING  
RIGHTS &  
SMALL  
PRIZES!

## MINI-PUMPKIN DECORATING CHALLENGE



**5 Categories:** Characters/books, Scary, Pretty, OVER-the-TOP, & PVHS/Red Tide\*.

**Decorate a mini pumpkin & bring it to the library to display Monday, Oct 26.**



*Work on your pumpkin  
at home or use  
materials in the library.*

[bit.ly/PVminipumpkinsignup](https://bit.ly/PVminipumpkinsignup)

**1ST 10 PARTICIPANTS  
ENTERED IN  
DRAWING FOR A  
FREE PUMPKIN!**

SCIENCE NATIONAL  
**HONOR  
SOCIETY**

APPLICATIONS DUE  
**OCT 9**

TRANSCRIPTS AND  
FEES TO MRS.  
MAEMOTO IN RM. 314



---

[Sign Up Link](#)

# LA SOCIEDAD HONORARIA HISPÁNICA

APPLICATIONS  
DUE FRIDAY  
10/16

TURN IN TO MRS.  
REMETA'S ROOM 331



**[Sign Up Link](#)**



## IF YOU...

- Are a sophomore, junior, or senior
- Have a B or higher in regular English classes for each semester
- Have a C or higher in Honors/AP English classes for each semester
- Are ready to be inspired by the English language



**SCAN THE QR CODE  
TO ACCESS THE  
APPLICATION:  
APPLICATIONS DUE BY  
OCTOBER 23 , 2026 TO  
MRS. LEWIS IN  
ROOM 323 AT  
NUTRITION OR LUNCH**



# **PV BOYS LACROSSE** **PARENT MEETING**

 **WEDNESDAY, OCTOBER 14<sup>TH</sup>** |  **AT THE HIGH SCHOOL IN THE OAR** |  **7:00 PM**

Coaches and team staff will introduce ourselves and go over what the Boys LAX season will look like and answer all your questions.

*New players and existing players and parents are all welcome.*

### **WE WILL DISCUSS:**

-  Upcoming Tryouts
-  Participation fees
-  Parent volunteer opportunities
-  2027 spring schedule
-  Fundraising



CONTACT TEAM MANAGER  
 **Lindsey Richards**  
**lgg4141@yahoo.com**  
*if you can't make it.*



**ATTENTION ALL GIRLS SOCCER PARENTS:** There is a Mandatory Informational Parent Meeting

**When: Thursday, October 15th at 7:00 pm**  
**Where- OAR**



**PV LACROSSE  
TRYOUTS**

- ▶ **Wed 11/4** - 1:50pm - 4:30pm - PVHS Stadium Field
- ▶ **Fri 11/6** - 1:20pm - 4:30pm - PVHS Stadium Field
- ▶ **Sat 11/7** - 8:00am - 11:00am - Ridgecrest Intermediate Turf

**No Cut JV - All Athletes welcome**

***Come be a part of the fastest growing sport in America***  
***Find out why lacrosse is The Fastest Game on 2 Feet!***

***PV is a reigning CIFSS Division 1 playoffs Elite 8 Quarterfinalist***



BASEBALL TRYOUT INFORMATION - For any student interested in trying out for baseball.

The link below is for an information sheet that will be used to determine how many students are planning to try out for baseball. From there, we will plan tryouts and determine how many days we need so we can set the actual dates. Tentatively looking at Thursday, November 5, Friday, November 6, Monday, November 9, and Tuesday, November 10 as possible dates.

Baseball Tryout Information Gathering Form - 2027  
Season **(NEW Players Only)**

The link is accessible **ONLY** to students with a @pvpusd.net email address. If you are having trouble accessing it, let me know.

Thank you,  
Coach Alex Morales



**[Form Link](#)**



**Class of 2030 Parents/Guardians:** You are invited to join PVHS School Counselors for the **Freshman Parent and Guardian Presentation** on **Wednesday, October 7, 2026**. We will offer two sessions:

- 9:00 AM in the PVHS MPR

- **6:00 PM via webinar (please register [here](#))**

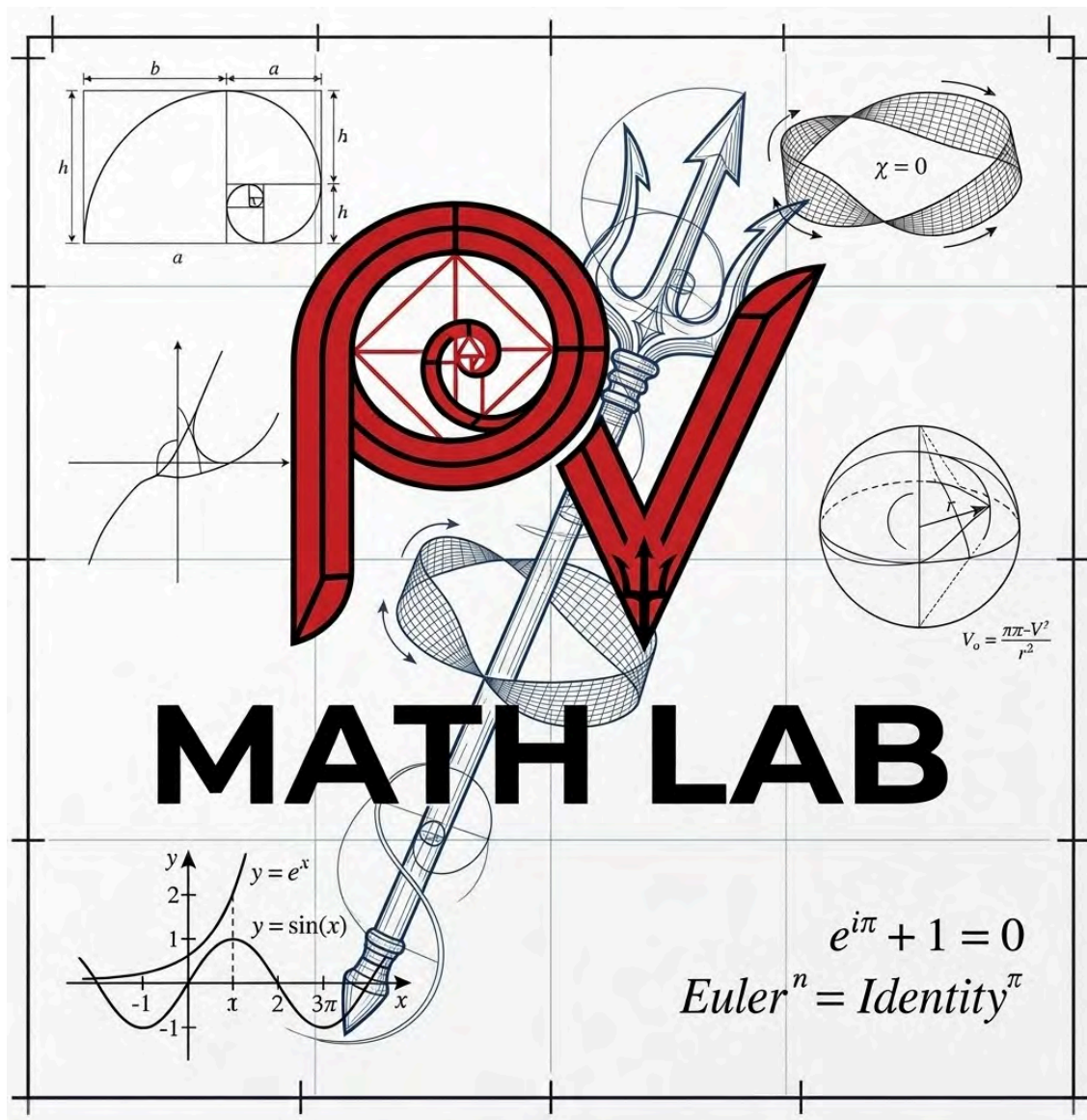
The same information is shared at both presentations. Choose the time that works best for your schedule.

In this presentation, we will cover academic requirements and extracurricular supplements, how to help your Sea King transition into high school, counseling support and intervention opportunities, and tips about how to make your student's first year a great one!

If you have questions, please don't hesitate to reach out to your student's counselor. You can also follow us on Instagram [@pvhsounseling\\_](#) for important updates and reminders. We look forward to partnering with you in supporting our freshmen as they embark on their high school journey.



The last day to drop or level down in a class with no impact to your transcript is this **Friday, October 9**. All level-down schedule changes must have space available and fit your schedule. The next deadline is Friday, November 6, to drop a class from your schedule with a W for withdrawal. Please see or contact your counselor with any questions you may have.



**PV Math Lab:** We are offering drop-in math support every Monday and Tuesday during lunch:

- **Algebra 2 Math Lab: Room 308**
- **General Math Lab: Room 407**

No appointments necessary. Just bring whatever you are working on and stop by!



# COLLEGE REP VISITS

WEEK OF **Oct. 5**

## MONDAY



### Mini College Fair @ Lunch:

John Hopkins Univeristy  
St John Universtiy  
University of San Diego  
Universal Technical Institue of AZ  
Butler Universtiy

## TUESDAY



- 9:45 am - Whitworth University

## WEDNESDAY



- 12:00 pm - Drexel University
- 12:45 pm- Brandeis University
- Lunch - Application Support in the CCC

## THURSDAY



- 9:45 am- Occidental College
- 11:45 am - UC Irvine
- Lunch - Application Support in the CCC

## FRIDAY



- 9:45 am - Emory Univeristy
- 11:00 am - Purdue University



See You in the CCC!

PALOS VERDES HIGH SCHOOL

# COLLEGE APPLICATION SUPPORT

DREAM  
PLAN  
ACHIEVE

 **LUNCH TIME** |  **LOCATION**  
COLLEGE AND  
CAREER CENTER (CCC) |  **DROP IN HELP**  
FOR ANY APPLICATION  
NEEDS WITH PVHS  
COUNSELORS

## FALL 2026 DATES

| WEDNESDAYS                             | THURSDAYS |
|----------------------------------------|-----------|
| OCT 7                                  | OCT 8     |
| OCT 14                                 | OCT 15    |
| OCT 21                                 | OCT 22    |
| OCT 28                                 | OCT 29    |
| NOV 4                                  | NOV 5     |
| NOV 11<br>NO SCHOOL -<br>VETERAN'S DAY | NOV 12    |



**Class of 2027** - Application Support in the CCC @ lunch.  
PVHS Counselors are here to help you! Come with any and all questions! Special guest appearance and assistance by Mrs. Lewis on Oct 8th! Mark your calendar to come get your questions answered on any parts of the Common App, UC App or Cal State Application!

PALOS VERDES HIGH SCHOOL

# TESTING DAY

**OCT 21**

PREPARE • PRACTICE • PLAN AHEAD

DREAM  
PLAN  
ACHIEVE

## 10<sup>TH</sup> GRADE

### PRACTICE FULL SAT

PROVIDED BY COMPASS EDUCATION

All 10th graders are invited to take a **practice full SAT** provided to us by Compass Education at school on testing day. This test is purely for practice and provides students with a great baseline of understanding for future testing.

- CHECK IN**  
Students check in at school from **8:00 – 8:15 AM**.  
Test starts promptly at **8:30 AM**.
- BRING A LAPTOP**  
Students may bring their own laptop to take the test (if desired) or use a PVPUSD provided Chromebook.
- REGISTER AHEAD OF TIME**  
Students must register for the test ahead of time.

**REGISTRATION IS DUE BY 3:00 PM ON OCT 14, 2026.**  
The registration link will be shared in the daily announcements.

## 11<sup>TH</sup> GRADE

### PSAT

All 11th graders will have the option to take the **official PSAT** at Palos Verdes High School on **Oct 21, 2026**.  
No registration is required.

- CHECK IN**  
Students check in at school from **8:00 – 8:15 AM**.  
Test starts promptly at **8:30 AM**.
- USE A PVPUSD CHROMEBOOK**  
All 11th grade students must use a PVPUSD provided Chromebook to take the test.
- NO REGISTRATION REQUIRED**  
All 11th graders will be automatically enrolled to take the official PSAT at PVHS.

SAME PLACE. BRIGHTER FUTURES.

**10th Grade Students** - You **MUST** register for the Practice SAT given by Compass Education at school on 10/21. All 10th grade students who would like to take this test **must register by October 14th at 3pm.**

Please **CLICK HERE** to complete your registration if you are in 10th grade.

**11th Grade Students** - You **DO NOT** need to register for the PSAT. Palos Verdes High School has already reserved a test for all JUNIORS. No registration or action is needed to secure an Official PSAT Test.

## **SCHOLARSHIP UPDATE:**

The 2027 MVS application is now open.

The application deadline is November 12, 2026.

The Elks National Foundation (ENF) awards 500 four-year scholarships based on academics, leadership, and financial need. National awards range from

\$1,000 per year to \$7,500 per year. The national awards will be announced in April 2027. **MVS scholarship applicants will also be eligible to receive a scholarship from our Lodge, District, and/or State.**

MVS scholarships are for high school seniors who plan to pursue a four-year degree on a full-time basis (minimum of 12 semester hours), at a U.S. college or university starting 2027-28.

Some important applicant details include:

- « Current high school seniors (or equivalent) who are citizens of the United States are eligible to apply.
- « Applicants do not have to be related to a member of the Elks.
- « Male and female students compete separately.

Applicants select from a list of the Lodges closest to their home address zip code.



**ELKS MOST VALUABLE STUDENT SCHOLARSHIP**

**ACADEMICS | SERVICE | LEADERSHIP | FINANCIAL NEED**

**ELIGIBILITY:** High school senior and United States citizen.

| IMPORTANT DATES                                            | 500 FOUR-YEAR AWARDS*                       |
|------------------------------------------------------------|---------------------------------------------|
| ▶ <b>APPLICATION OPENS:</b><br><b>August 1, 2026</b>       | ▶ <b>20 AWARDS WORTH</b><br><b>\$30,000</b> |
| ▶ <b>APPLICATION DEADLINE:</b><br><b>November 12, 2026</b> | ▶ <b>480 AWARDS WORTH</b><br><b>\$4,000</b> |

\*Awards paid over four years

**FOR DETAILS**

- ▶ Visit [enf.elks.org/MVS](https://enf.elks.org/MVS) to apply.
- ▶ Contact your local Lodge by visiting [elks.org/Lodges](https://elks.org/Lodges).
- ▶ Ask your high school guidance counselor.



The Elks National Foundation awards **\$2.52 million** in college scholarships to a total of 500 high school seniors nationwide through its Most Valuable Student scholarship contest.

Visit [enf.elks.org/MVS](https://enf.elks.org/MVS) for complete details.



*Helping Elks Build Stronger Communities*  
2750 N. Lakeview Avenue | Chicago, IL 60614-2256 | 773/755-4732 | [scholarship@elks.org](mailto:scholarship@elks.org) | [elks.org/scholars](https://elks.org/scholars)



# DISTRICT Updates



## Volunteer with PVPUSD

MAKE A DIFFERENCE IN OUR SCHOOLS!

Thank you for your interest in volunteering with the Palos Verdes Peninsula Unified School District. Please review the following information to learn how you can get involved.



### Types of Volunteer Opportunities



**CATEGORY A:**  
Special Events  
(Site-Specific) or  
Office Volunteer



**CATEGORY B:**  
Day Field Trips,  
Parent-Led Art  
Classes, Reading  
Groups, Tutoring, etc.



**CATEGORY C:**  
Overnight Travel and  
Special Event Drivers  
(Parents/guardians  
using personal vehicles)

### Required Documentation

#### REQUIREMENTS FOR CATEGORIES A, B, & C



##### Valid Form of Identification

- Driver's License
- Identification Card
- Passport



##### Tuberculosis (TB) Risk Assessment

- To access the TB Risk Assessment Form, scan the QR code or visit [tinyurl.com/VolunteerTBRisk](https://tinyurl.com/VolunteerTBRisk)
- If applicable: TB results must show date given, date read, results, and name of medical facility.
- Assessments and/or results are valid for four years.



##### Raptor Check-In

- When arriving at a school site, volunteers must present a valid state-issued identification to use with the Raptor system.
- Volunteers will receive a sticker with their name and volunteer location after checking in.

#### REQUIREMENTS FOR CATEGORIES B & C

##### Live Scan Background Check

- To request a Live Scan Background Check, scan the QR code or visit [tinyurl.com/PVPUSDBackgroundCheck](https://tinyurl.com/PVPUSDBackgroundCheck)



##### California Annual Mandated Reporter Training

- Before volunteering, provide your training certificate to the school office.
- This training must be completed and updated annually.
- To complete the training, scan the QR code or visit [mandatedreportertraining.com/volunteers-training](https://mandatedreportertraining.com/volunteers-training)
- If you are a first responder or educator, you may use that training certificate.



#### Ready to Volunteer?

For application materials, forms, and additional details, scan the QR code or visit [pvpusd.net/volunteers](https://pvpusd.net/volunteers).





*Calling all artists, photographers, and writers to*

***Explore America's History!***

The Point Vicente chapter of the Daughters of the American Revolution is sponsoring the following contests to promote good citizenship and appreciation of our American heritage.

**Potential for monetary awards and national recognition!**

***Junior American Citizen Contest (Pre-K to Grade 12)***

Topic: A Symbol of Independence: The Statue of Liberty Illuminating the Path to Freedom for 140 Years

Contest Categories: Stamp Design, Photo Essay, Banner, Poster, Digital Art, Poem, Short Story, Graphic Novel/Comic, Community Service

***Patriots of the American Revolution Essay Contest and American History Video Contest (Grade 9-12)***

Topic: Select a figure from the American Revolution. Discuss how he/she influenced the Revolution and contributed to the founding of a new nation.

Essay 800-1200 words, Video  $\leq$  3 minutes

***American History Essay Contest (Grade 5-8)***

***American History Video Contest (Grade 5-8)***

Topic: Announcement of the Declaration of Independence First Reading. How would you react to hearing the Declaration read in your community? How would this have impacted your life?

Video:  $\leq$  3 minutes, Grade 5 essay: 300-600 words, Grade 6-8 essay: 600-1000 words

**The deadline for submissions is November 1st, 2026**

**FOR CONTEST SUBMISSION RULES CONTACT:**

Junior American Citizen Contest: [pvdarjac@gmail.com](mailto:pvdarjac@gmail.com)

American History and Patriot contests: [pvdaramerhist@gmail.com](mailto:pvdaramerhist@gmail.com)



# PVHS PTSA MEETINGS

## Meeting Topics & Activities

2026-27

All Meetings to occur at 9 am in the PVHS MPR

### September 22, 2026 Celebrating our District!

#### Guest Speaker:

Dr. Devin Serrano, PVPUSD Superintendent  
**District & PVHS Academic Highlights**  
**Athletic Program Overview**  
**Student Involvement on Campus**  
Student Clubs, MUN, Mock Trial, PVIT,  
Capitol Convoy, Debate Team and more!

### October 27, 2026 Red Ribbon Week @ PVHS

#### Guest Speakers:

Substance Abuse Speaker  
(TBD)

### November 17, 2026 Academic Counseling @ PVHS

Student Course Scheduling  
Student Academic Pathways  
AP vs. Honors vs. Dual Enrollment  
**Dual Enrollment Opportunities:**  
SCROC & Harbor Community College

### January 26, 2027 Engineering & Research @ PVHS

PVIT & Robotics Teams  
Science Pathways & Course Offerings  
Science Research  
AP Research & Capstone  
PVHS Library Services & Research

### February 23, 2027 Leadership & Activities @ PVHS

ASB  
Red Tide  
Be the Change  
Live from 205  
PV Board Member Student Council

### March 23, 2027 College Readiness @ PVHS

College & Career Center Updates  
Student Scholarship Information  
College Readiness Next Steps

### April 20, 2027 Student Mental Health @ PVHS

#### Guest Speakers:

Kathi Colli, Sage Therapy  
Sage Counseling Services at PVHS

### Can't Make It? Participate Virtually

[https://us02web.zoom.us/j/88620741188?](https://us02web.zoom.us/j/88620741188?pwd=SBjnWmA6A2OdTDmMpq6iFbCHNBDTmO.1)  
[pwd=SBjnWmA6A2OdTDmMpq6iFbCHNBDTmO.1](https://us02web.zoom.us/j/88620741188?pwd=SBjnWmA6A2OdTDmMpq6iFbCHNBDTmO.1)

*All are welcome to  
participate & learn!*

PVHS



PTSA



PRIDE. TRADITION.  
THE TIME IS OURS.

*Palos Verdes*  
EST. 1961  
HIGH SCHOOL



ONCE A SEA KING,  
ALWAYS A SEA KING.

# PVHS SPIRIT STORE

WEAR YOUR PRIDE. SUPPORT YOUR SCHOOL.

## TEES - UNISEX: \$25



## TEES - WOMEN:



\$25

\$30

## NEWPORT KNIT SWEATERS:



\$130

\$100

\$130

\$100

\$130

## SWEATSHIRTS:



\$60

\$50

\$85

\$50

## HOODIES: \$60



## HATS: \$40



\$25

## SWEATPANTS / SHORTS: \$45



## ACCESSORIES:



BLANKET  
\$40

JUTE TOTE  
\$20

PLUS:  
FOLDERS  
PENCILS / PENS  
+ MORE!



**FOLLOW US & SHOP ONLINE!**



VISIT OUR WEBSITE

[www.pvhsspiritstore.com](http://www.pvhsspiritstore.com)



FOLLOW US ON INSTAGRAM

@pvhsspirit\_store



PALOS VERDES HIGH SCHOOL • SEA KINGS

PVHS  
EST. 1961

BUILT ON TRADITION. DRIVEN BY PRIDE.

**PVHS Spirit Store: [www.pvhsspiritstore.com](http://www.pvhsspiritstore.com)**

## Call for Reflections Entries 2026-27!

 Dance Choreography

 Film Production

 Music Composition

 Literature

 Photography

 Visual Arts

 Accessible Arts



**Due Date: October 19 by 11:59PM**

**Entry Link: [PVHS Submission Form](#)**

For rules and guidelines: <https://capta.org/resource/participant-forms/>

**PVHS Reflections Celebration to follow for awards distribution. Students are invited to submit entries in one or more categories.**

For questions, please contact Debbie Fang at [debbie.ma@yahoo.com](mailto:debbie.ma@yahoo.com).

**Link: [Palos Verdes High School 2026-2027 Reflections Student Entry Form](#)**



**PVHS Booster Club 26-27 Link:**

**[www.memberplanet.com/s/  
pvhsbooster/boosterclub\\_membership\\_2026-27](http://www.memberplanet.com/s/pvhsbooster/boosterclub_membership_2026-27)**





# LOOKING FOR INTERNS

UNPAID POSITION

CURIOUS ABOUT LOCAL GOVERNMENT?  
READY TO GET YOUR FOOT IN THE DOOR?  
WANT TO GIVE BACK TO YOUR COMMUNITY?



MEANINGFUL  
EXPERIENCE



RESEARCH &  
SPECIAL PROJECTS



ADMINISTRATIVE  
SUPPORT



PUBLIC  
INFORMATION

## WHO MAY APPLY

HIGH SCHOOL, COLLEGE & GRADUATE STUDENTS  
FLEXIBLE SCHEDULE • AFTER SCHOOL HOURS AVAILABLE

— **APPLY NOW** —  
[PVEstates.org/Careers](https://PVEstates.org/Careers)



# WALK WITH PV HIGH

Join our team and help support PV High students!  
Our Goal: 365 Walkers



**SUNDAY  
OCTOBER 18**



**JOIN THE  
PV HIGH TEAM**



**SELECT PEF AS  
YOUR ORGANIZATION**



**WALK IN PERSON OR  
PARTICIPATE VIRTUALLY**

**REGISTER TODAY**



Your \$30 registration is multiplied by  
Skechers before being donated to PEF!



**PENINSULA  
EDUCATION  
FOUNDATION**



**REGISTRATION LINK  
SCAN TO  
JOIN THE TEAM**

**W**

A program by Emmy Award-winning  
Girls' Voices Now

# DAY OF THE GIRL SUMMIT

**\$500  
UP FOR  
GRABS!**



FROM YOUR IMAGINATION TO THE SCREEN  
YOUR STORY CAN CHANGE THE WORLD

Panels. Workshops. Mentors. Wellness. Swag

**SCAN QR CODE &  
REGISTER TODAY**

**October 10, 2026**  
**ASU California Center 9:00am–  
3:30PM**



The M&T Charitable Foundation

**LOCAL 10**

**usbank**

**ASU**



**GOLDEN  
GLOBE  
FOUNDATION**

**CORA**

**SPONSORS:**

**Max Factor Family Foundation**  
in partnership with the  
JAMES COHEN FAMILY FOUNDATION OF LOS ANGELES

**hereTV**

**FIRST  
ENTERTAINMENT  
CREDIT UNION**

**Brabson Family  
Foundation**

**SONY  
PICTURES**

**TOPICALS**

WOMEN'S VOICES NOW is not endorsed, sponsored, or supported by Palos Verdes Peninsula Unified School District



**We Are Brave Together** serves and supports the mental and social health of caregiving moms worldwide.

♥ **Connection Circles / Mom Mingles**

*Informal gatherings where caregiving moms connect, share, and belong.*

♥ **Respite Retreats & Retreat Scholarships**

*Dedicated time away for caregiving moms to rest, restore, and reconnect with themselves and each other.*

♥ **Brave Together Podcast**

*Conversations that offer authentic stories and resources.*

♥ **Books**

*Our publications speak directly to and raise awareness about the caregiving mom experience.*

♥ **Virtual Mental Health Education Sessions**

*Hosted by a licensed psychotherapist, this free resource brings valuable tools meant to empower a caregiving mom on her own terms.*



**CONNECT WITH US.**



Brave Together Podcast



We Are Brave Together



wearebravetogether



wearebravetogether.org



wearebravetogether



hello@wearebravetogether.org



*You are not alone*

We Are Brave Together is a 501(c)(3) Organization

We Are Brave Together is not related to, sponsored by, or endorsed by the Palos Verdes Peninsula Unified School District.

Palos Verdes High School | **Website**



Palos Verdes High School | [600 Cloyden Road](#) | [Palos Verdes Estates, CA 90274 US](#)

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!